

WEBSITES

<http://www.isma.org.uk/stresnw/examstress.htm>.

<http://www.ayubmed.edu.pk/JAMC/PAST/14-1/faiyaz.htm>

<http://www.support4learning.org.uk/health/stress.htm>

<http://www.examaid.co.uk/copingwithstress.htm>

<http://www.lancs.ac.uk/users/studentssupport/health/exam/stress/html>

<http://www.md-phc.com/education/stress.html>

<http://www.stressmanagement.htm>