LIST OF TABLES

Table No.	Title	Page No.
1	Area under different crops in Karvir tahsil, 1980-81.	... 24
2	Area under different crops in Karvir tahsil, 1990-91.	... 27
3	Per hectare yield and total production of foodgrains in Karvir tahsil (1981-91)	... 29
4	Area under foodgrains and production in sample villages (1990-1991).	... 55
5	Per head per day average intake of cereals and pulses in sample villages (for 30 days).	... 57
6	Average intake of various nutrients, per head per day in sample villages.	... 63
7	Use of carbohydrates and proteins in sample villages.	... 67

=O=O=O