CONTENTS

-

CHAPTER	TITLES	PAGE NO.
I	INTRODUCTION	1
	1. Powerloom Sector.	2
	2. Powerloom Worker In His Working Environment.	4
	3. Survey Of Literature.	7
	4. Reasons That Lead To Present Investigation; Plan Of Proposed Work.	10
II	SUBJECTS AND METHODS	
	1. Study Area.	15
	2. Selection Of Subjects.	
	3. Methods.	16
	 A) Workplace study. B) Physical characteristics. C) Physical fitness. 	21
	 D) Grip strength study. E) Physiological responses. 	23
111	RESULTS	30
IV	DISCUSSION	79
	BIBLIOGRAPHY	95