# APPENDICES

ATISTICAL MEASURE: Mean and Standard deviation, Karl Pearon co-efficient of correlation , between stressors and productivity

PARAMETER							
S	STATISTICAL MEASURE						
······································	MEAN	S.D	Coefficient of	Coefficient of	STRESS		
			correlation with	correlation with	LEVELS:		
			stress	productivity	HIGH		
					,MODEARTE		
					AND LOW		
AGE	3.5	1.60	-0.29358	0.092	Moderate		
		7					
QUALIFICATI	1.52	0.93	0.291832	-0.13	Moderate		
ON							
OCCUPATIO	1.94	0.31	-0.206724558	-0.41	Moderate		
N	e e						
POST HELD	1.70	0.94	-0.05753	0.13	Moderate		
	1.70	0.70	-0.12295	0.29	Moderate		
INCOME	1.70	0.70	0.12233	0.29	Wioderate		
LEVEL							
	1.11	0.37	0.230022	0.23	Moderate		
MARITAL	***1		0.230022	0.23	MUUUIAIC		
STATUS							
	3.64	1.51	-0.40254	0.17	High		
EXPERIENCE	5.04	1.51	-0.70234	0.17	1 HgH		
	2.0	0.15	0.344	0.236	Moderate		
Nature of	2.0	8	<b>U.344</b>	0.230	wioderate		
casting		0					
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Table A1: Sociodemographic varibles

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## Table A2: causes of stress and correlation with stress and productivity

ROLE	3.24	0.76	-0.0998	0.45331247	Moderate
OVERLOAD1					
ROLE	2.705882	0.98	0.255983	0.33880586	Moderate
OVERLOAD2					
ROLE	2.705882	0.91	0.035875	0.42874590	Moderate
OVERLOAD3				2	
ROLE	2.075	1.35	-0.2021963	0.46505892	High
OVERLOAD4				9	-
ROLE	1.705882	0.97	-0.27067	0.48826802	Moderate
OVERLOAD5				3	
ROLE	1.647059	0.98	0.044385	0.66056833	Moderate
AMBIGUITY1				3	
ROLE	4.117647	0.57	-0.55207	-0.14165804	Moderate
AMBIGUITY2					
ROLE	2.0000	0.74	-0.20544	0.33751158	Moderate
AMBIGUITY3				8	
ROLE	2.1764	0.68	-0.27436	-0.03275258	Moderate
AMBIGUITY4					
ROLE	1.941176	1.14	-0.10504	0.69117466	Moderate
CONFLICT1				8	
ROLE	4.0000	0.98	0.367279	-0.27857371	Moderate
CONFLICT2					
ROLE	2.705882	0.88	-0.17421	0.01683539	Moderate
CONFLICT3				9	
ROLE	3.0000	0.98	0.133156	0.15012916	Moderate
CONFLICT4				7	
ROLE	3.529412	0.86	-0.03805	0.12871009	Moderate
CONFLICT5					
COMPENSATI	2.941176	1.06	-0.261	0.27883401	High
ON SYSTEM 1				2	

COMPENSATI	2.176471	1.11	0.243	0.58222251	High
ON SYSTEM 2					
NATURE OF			n in a manual source and a source of the formation of the		"⁺
CASTING			0.565.40	-	
	2.411765	0.83	-0.56543	0.00889537 5	Moderat
CHALLENGES	2.111705	0.03			Modela
AFFECTING					
PRODUCTIVIT					
Y DUE TO			0.2344		
STRESS	1.882353	0.87		0.2254	Moderat
IMPACT OF					
STRESS				0.00540200	
	3.588235	0.59	NA	0.22549380	Moderat
HEALTH	3.300233	0.37	1N/1	<u> </u>	iniouerat
PROBLEMS			~	-	
	2.235294	1.67	0.175662	0.03080831 9	Ulah
BEHAVIOURA	2.233294	1.07	na an a	7	High
L PROBLEMS			0.045545	0.400200200	
	2.235294	0.96	0.045615	0.49372370	Moderat
L/	2.233294	0.90			Ivioucia
POSITIVE					
STRESS					
IMPACT ON					
PRODUCTIVIT					
Y AND CAPABILITIES					
CAPABILITIES			0.001318168	0.49063947	
	2	0.84	na	5	Moderat
STRANEOUS WORKING					
CONDITION 1					
	0.00500.1		0.277497861	0.43065669	
STD ANEOUS	2.235294	0.67		3	Moderat
STRANEOUS WORKING					Moderat
CONDITION 2			-0.27762475	0.15514572 8	
CONDITION 2	2 500225	001		X	
	2.588235	0.9		0	Moderat
CONDITION 2 MEASURES TO REDUCE	2.588235	0.9			Moderat
MEASURES TO	2.588235	0.9		0.23687184	Moderat

STEPS TAKEN TO REDUCE STRESS	4.5	1.2	-0.2559	-0.58	high

### B1 : CAUSES OF STRESS AND CORRELATIONAL VALUE WITH <u>PRODUCTIVTIY INDICES</u>

STRESSORS	EFFECT ON STRESS ON PRODUCTIVITY INDICES						
	Absenteeism Mean-2.23		Health problems Mean-2.23		Behavioural problems Mean =2.0		
	Mean	$\mathbb{R}^2$	Mean	$\mathbf{R}^2$	Mean	$\mathbf{R}^2$	
Role overload	2.40	0.23	2.40	-0.03	2.40	0.43	
Role ambiguity	2.67	0.30	2.67	0.104	2.67	0.45	
Role conflict	3.03	0.26	3.03	-0.017	3.03	0.44	
Unprofitability	2.55	0.41	2.55	0.14	2.55	0.66	
Straneous working condition	2.30	0.14	2.30	-0.12	2.30	0.08	

#### Table B2:

## FOR DETERMINING STRESS LEVELS FOR THE RESPONDENTS THE RESEARCHER HAS CONSIDERED THE FOLLOWING CRITERIA

#### **STRESS LEVEL CRITERION**

Normal	+1 S.D == high	-1 to $+1$ S.D	below -1 S.D
distribution: score	stress	==moderate stress	==low stress
Percentile distribution:	25% below: low stress	25-45% moderate stress	45 % above high stress

## TableB3: Prodcutivity criterion

DETERMINING	1) rate of absenteeism
PRODUCTIVITY	2) rate of behavioral problems
INDICES	
	3) rate of health problems

For all 3 indices: percentile	1)0-25%: low productivity
distribution	2) 25-40%: moderate
	3) 45% above high productivity

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QUES	STION	νNA	IRE
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Name:

**Designation (post):** 

Age:

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**Qualification :** 

Occupation:

Income level: per month

Nature of casti	Fe(iron)		
Experience:			
Marital status:	single:	married:	
		60,000 above	
		30,000- 60,000	
		10,000- 30,000	
		5000 - 10,000	

Q1) I have to work a lot in my job

a) strongly agree b) agree c)neutral d) disagree e) strongly disagree.

Q2) My job has many activities which I have to complete beyond the requirement, limited people and limited resource

a) strongly agree b) agree c)neutral d) disagree e) strongly disagree

Q3) The number of activities given to me has to be completed in less time

a) strongly agree b) agree c)neutral d) disagree e) strongly disagree

Q4) I find very less time for household and personal activities due to job responsibilities

a) strongly agree b) agree c)neutral d) disagree e) strongly disagree

Q5) I cannot satisfactorily complete my work due to over activities and limited time

a) strongly agree b) agree c)neutral d) disagree e) strongly disagree

Q6) My job responsibilities and outcomes related to job are not clear and defined precisely

a) strongly agree b) agree c)neutral d) disagree e) strongly disagree

Q7) My job objectives are clear to me and properly known to me

a) strongly agree b) agree c)neutral d) disagree e) strongly disagree

Q8) The job area and job rights given to me are not clear so I am not able to work in full capacity

a) strongly agree b) agree c)neutral d) disagree e) strongly disagree

Q9) My superiors and co-workers expectations are not clear to me.

a) strongly agree b) agree c)neutral d) disagree e) strongly disagree

Q10) My superiors always give conflicting opinions about my job.

a) strongly agree b) agree c)neutral d) disagree e) strongly disagree

Q11) My superiors don't interfere in my job area and my procedure of work.

a) strongly agree b) agree c)neutral d) disagree e) strongly disagree

Q12) I am not provided with enough facilities and information about new job/business

a) strongly agree b) agree c)neutral d) disagree e) strongly disagree

Q13) My workers give their support to follow official instructions and compulsory job procedures

a) Strongly agree b) agree c)neutral d) disagree e) strongly disagree

Q14) New techniques to be used in job are difficult to implement

a) strongly agree b) agree c)neutral d) disagree e) strongly disagree

Q15) I am not rewarded sometimes for the hard efforts and job performance given

a) strongly agree b) agree c)neutral d) disagree e) strongly disagree

Q16) I have to work under stressful conditions

a) strongly agree b) agree c)neutral d) disagree e) strongly disagree

Q17) The nature of casting( Al or Iron) in the foundry units does not affect the stress levels in job

a) strongly agree b) agree c)neutral d) disagree e) strongly disagree

Q18) Complications and challenges makes me stressful which affects the outcome (productivity) of my job.

a) strongly agree b) agree c)neutral d) disagree e) strongly disagree

Q19) There is a positive impact of stress on the outcome (productivity) of my job

a) strongly agree b) agree c)neutral d) disagree e) strongly disagree

Q20) I suffer with the following health problems due to stress

- 1) headache,
- 2) diabetes,
- 3) hyper tension,
- 4) Blood pressure

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Q21) Due to stress I sometimes have behavioral problems at my home with family members

a) strongly agree b) agree c)neutral d) disagree e) strongly disagree

Q22) Many times due to behavioral and health problems faced I remain absent for my work

a) strongly agree b) agree c)neutral d) disagree e) strongly disagree

Q23) My productivity and capabilities are affected due to stress

a) strongly agree b) agree c)neutral d) disagree e) strongly disagree

Q 24) I do not get the opportunity to work together because of the different task in my job

a) strongly agree b) agree c)neutral d) disagree e) strongly disagree

Q25) I do not get social support from my co-workers to share my feelings, problems, happiness.

a) strongly agree b) agree c)neutral d) disagree e) strongly disagree

Q26) Stress and stressful conditions can be tackled in the working environment if proper steps are taken.

a) strongly agree b) agree c)neutral d) disagree e) strongly disagree

Q27) According to you what should be the steps taken to reduce stress

- 1) supportive climate
- 2) good job design
- 3) counseling
- 4) clear job roles
- 5) reducing conflicts