

## C O N T E N T S

<u>Title</u>	<u>Page</u>
Preface	
Family Background and Early Life	1 - 31
The Non-Brahman Movement	32 - 92
Freedom Movement	93 - 131
Peasants and Workers Party	132 - 170
Role in Congress Organization and Goa Liberation Agitation and the Sanyukta Maharashtra Movement	171 - 210
An Estimate	211 - 220
Bibliography	221 - 228