

# CONTENTS

	Page No.
Acknowledgements	i - iii
List of tables	iv - v
List of figures	vi
<b>CHAPTER 1 : INTRODUCTION</b>	<b>1</b>
1.1 The nature and prevalence of mental retardation	1
1.2 Causes of mental retardation	4
1.3 Mental retardation and its impact on family	5
1.4 Role of social work	5
1.5 Review of literature	7
References	11
<b>CHAPTER 2 : METHODOLOGY</b>	<b>14</b>
2.1 Working definitions to be used	17
2.2 Aim	19
2.3 Objectives	19
2.4 Hypotheses	19
2.5 The universe and the subjects of the study	20
2.6 Sampling method	21

	<b>Page No.</b>	
2.7	Research design	21
2.8	Data collection	22
	2.8.1 Sources of data	22
	2.8.2 Research instruments	22
	2.8.3 Method of data collection	23
2.9	Pretest	24
2.10	Pattern of analysis	25
2.11	Limitations of the study	25
2.12	Difficulties encountered	25
	References	27
 <b>CHAPTER 3: ANALYSIS AND INTERPRETATIONS</b>		 28
3.1	Profile of the family members	28
3.2	Profile of the mentally retarded children	34
3.3	Attitude of the family towards mental retardation	41
	3.3.1 Family's attitude based on the relationship to the child	43

	<b>Page No.</b>
3.3.2 Attitude based on the educational status of the family	47
3.3.3 Family's attitude based on their economical status	50
3.4 Perception of parents	51
3.4.1 Perception of causative factor in relation to parent's educational status	52
3.4.2 Parent's view regarding their child's marriage in relation to their educational status	54
3.4.3 Parent's perception about the child's recovery in relation to their educational status	56
3.5 Reactions of the family due to the presence of the mentally retarded child	58
3.5.1 Initial steps taken by parents	59
3.5.2 Modes of treatment adopted	61
3.5.3 Problems encountered by family members due to the presence of mentally retarded child	64
3.6 Burden due to the female mentally retarded : Parent's view	68
3.7 Training and Rehabilitation : Parent's view	70

	<b>Page No.</b>
3.7.1 Parental expectations from training	71
3.7.2 Parent's level of involvement in training	72
3.7.3 Parent's expectations in rehabilitation	74
3.7.4 Measures taken by parents for the child's financial security	77
References	80
 <b>CHAPTER 4 : CONCLUSIONS AND SUGGESTIONS</b>	
4.1 Conclusions	84
4.2 Importance of social work	87
4.3 Suggestions and social work approaches	87
4.3.1 Impart information	87
4.3.2 Create awareness	88
4.3.3 Develop right attitudes	88
4.3.4 Competent professionals and counselling techniques	89
4.3.5 Rehabilitation	90
4.3.6 Supportive services	91
4.4 Recommendations for further research	91

	<b>Page No.</b>
<b>BIBLIOGRAPHY</b>	<b>93</b>
<b>APPENDIX ( A ) : INTERVIEW SCHEDULE</b>	<b>97</b>
<b>APPENDIX ( B ) : Map of Kolhapur City indicating the locations of specialised schools for mentally retarded</b>	<b>105</b>