

ABBREVIATIONS

For convinience, the following Abreviations are used
in this Disseration.

W.H.O.	:	World Health Organisation.
dBAs	:	Decibals
Yrs.	:	Years
Ht.	:	Height
Wt.	:	Weight.
Cms.	:	Centimeters
Kgs.	:	Kilograms
HR,(Beats/min.)	:	Heart Rate, Beats per minute
PEFR (Lits/min.)	:	Peak Expiratory Flow Rate, Liters per minute
B.P.	:	Blood Pressure
S B.P.	:	Systolic Blood Pressure
D B.P.	:	Diastolic Blood Pressure
O.T. (⁰ F)	:	Oral Temperature, degree Fahrenheit
P.P.	:	Pulse Pressure
Durn.of stepping (Sec.)	:	Duration of stepping in Seconds.
1-1½ min.R.P.C.	:	1 to 1½ minute Recovery Pulse Count
K Cal. min ⁻¹	:	Kilo calories per minute
BMR	:	Basal metabolic Rate
P.P.C.	:	Physical performance capacity
Obs.	:	Observations
%	:	Percentage

$\sum_{n=1}^{25} X_n$: Summation of n observations from n is equals to one to twenty five

\bar{x} : Mean, Average

: Standard Deviation

S.E. : Standard Error

r : Correlation coefficient

S.D. : Standard Deviation.